

# TOPICS OF INTEREST TO EVERY WOMAN

Edited by JULIA CHANDLER MANZ.

## ENGLISH-SPEAKING WOMAN MOST FORTUNATE OF ALL

### There Are Many Lands in Which a Woman Is Not Allowed to Remarry After the Death of Her Husband.

By JULIA CHANDLER MANZ.

We become so accustomed to our blessings in this big, generous America of ours that I think we are unmindful of their real extent until we begin to compare ourselves with the women of less civilized nations.

The lower down the scale we find a nation, the fewer are the rights and privileges granted women.

To the American woman, who can go out and get a divorce from her lord and master on the flimsiest pretext, it will seem preposterous that there are many lands in which divorce is an unheard of thing, and women are cruelly punished who marry even after their husbands are laid away decently under the sod.

But as prejudices are hard to root out, it may seem, it is nevertheless true.

### Married in Childhood.

The Hindu girl, for instance, is married long before she reaches the age of maturity, and when her husband dies she becomes the slave of her mother-in-law or of any other woman who will give her shelter. Should she dare remarry, she is inflicted with the most terrible punishment that is known to Hindu religion and custom. It was formerly the custom to burn the wife alive with her husband's body—a custom known as "suttee." This was suppressed, however, by the British government.

When we consider the fact of the little girl widows of today, many of whom are left without husbands at twelve years of age, wonder if the custom provided it might have been administered with less cruelty, were not the preferable fate.

Among a good many of the African races it is still customary to execute a widow when her husband dies. In the Karu country a dead child is arranged in his grave in the lap of his favorite

wife, while the others are arranged around him, after which they are all buried alive.

These women have all the work to do while their husbands live and enjoy life; but they do the marrying, and a new husband whenever they so desire.

The Malays make a woman who remarries after the death of her husband the subject of gibes and jests. Among the aborigines of Australia a woman's head is cut open at the death of her husband and covered with plaster of paris. She is not allowed to speak a word for two years, after which she must marry her husband's brother.

### Custom of Indians.

Among our Western Indians a woman does not marry after her husband's death within four years, sometimes seven, and is never expected to marry after she has passed the age of forty.

In China divorce is possible, but may only be obtained by a man. A woman is never granted a divorce from her husband. The Chinese husband may divorce his wife if she is too talkative to please him. After her husband's death the Chinese woman may remarry, but as long as he lives she is a member of his family and is subject to the orders of his mother and father.

Russia is the least civilized of European countries, and does not approve of the remarriage of widows. A widow of the imperial family is compelled by the czar to retire to a convent. The Russian law requires widows of that country to wait six months. A priest is allowed to marry, but not after a priest nor his wife may marry in the case of the death of either one of them.

It seems to me that it is a mighty good thing for us to stop occasionally and contemplate our blessings of civilization and the freedom it has brought to woman that our sense of gratitude may not become dulled.

## TO-MORROW'S MENU IS UNUSUALLY GOOD

The Recipes Appended Have All Been Tested.

### BREAKFAST.

Halved Oranges  
Minced Chicken and Celery on Toast  
Rice Muffins, White Chevre Mousse  
Coffee

### LUNCHEON.

A French Vegetable Soup: Croustons  
Brown Bread and Butter  
Hot Apple Tart: Cheese

### DINNER.

French Pork Tenderloin, Stuffed and Baked  
Baked Apples, Filled with Gooseberry Jam  
Canned Spinach, Boiled Potatoes  
Rice Cream Pudding  
Coffee

When eggs are less expensive try: A tablespoonful or two of left-over chicken, minced and scrambled with the breakfast eggs, gives a delicious flavor to the latter and makes a pleasant change from plain eggs.

A French Vegetable Soup—To two quarts of boiling water add one cupful each of sliced carrots, turnips, potatoes, and onions. Let simmer in a closed saucepan for half an hour, then add two tablespoonfuls of butter, one tablespoonful of salt, and three tablespoonfuls of cream. The vegetables must be well done, but not broken. Other vegetables may be added, such as a cupful of peas or small beans. If either of the latter be a left-over, and therefore cooked, it may be run through a sieve and the puree added to the soup.

Apple Tart—I have discovered that the unjustly scorned Ben Davis apple makes as delicious a pie as one could wish. It requires no previous cooking, as some of the other former apples do. If one wishes a new flavor, adopt the French idea of adding two tablespoonfuls of apricot preserves (or sweet dried apricots) to a pie. Fill a tin lined with pie crust with two cupfuls of sliced apples, spread over the top two tablespoonfuls of apricot preserves, dot liberally with butter, and sprinkle over all half a cupful of sugar. Or if other apples are used which require cooking, the apricots may be stirred into them before they are added to the crust. Finish the pie with a lattice-work of strips of pie crust. Baked in individual pie tins, these make dainty apple tarts.

Pork Tenderloin—After the butcher has Frenched the joints cut them into three-inch pieces and flattened them out into disks—place a spoonful of seasoned bread dressing between each two of them and fasten them together with toothpicks. Rub well with salt, pepper, or sage (omit sage if dressing contains it), and flour. Place in pan with a little hot water and bake until done, basting frequently. Instead of the usual apple sauce, serve with each helping a baked apple stuffed with gooseberry jam.

### Worth Knowing.

Opening the damper in the smokepipe increases the air supply and causes the coal to burn quicker and, consequently, increases the rate at which useful heat is released. Ordinarily this damper should be open only enough to permit the required service for heating the rooms.

To preserve the fire when little or no heat is required, put on fuel up to the level of the fire door's sill and then close all openings except the side in the fire door. This cuts off the air supply almost entirely and puts a consequent check upon combustion.

To remove a cold in the chest at its beginning, rub oil of peppermint well over the chest.

To clean linoleum easily and quickly wipe it up with warm water and a little kerosene.

### New Handbags.

New handbags show the continuous use of fabrics in preference to leather.

The newest forms of handbags are in the shape of the old-fashioned knitted purse in the form of a long sack having an opening at the center, which is closed with sliding rings. Bags of this character are very large and made of the richest fabrics—brocade, silk, changeable taffeta, metal illuminated fabric, and velvet.

In flat handbags the prevailing idea is the medium size, with long cord handle, the frame of the bag being made in such a way as to be very thin; in fact, the thinnest possible.

Nothing can be considered smart in the way of a handbag that is over an inch thick.

When a man is old enough to understand women, he is too old to enjoy them.

## A PRETTY NEGLIGEE



One of the prettiest negligees shown for the housewife is fashioned as a dress suggested in our cut. The material is dotted with blue silk cashmere, with trimming bands of blue ribbon. The imported model has a guimpe and stock of silver lace. But few if any women would care for this, and it could be omitted without detracting from the beauty of the garment.

### NEW MODE OF DARNING WORNOUT TABLECLOTHS

When necessity bids up screen on the scene demanding immediate attention, both brain and busy fingers must respond. No one but the housewife knows how the first hole is deplored in the finest damask tablecloth. It may be caused from usage, or be the result of an accident.

In the very center of a handsome \$20 tablecloth was cut an ugly little rent, the result of a busy mouse. To darn it in the usual way would leave the ugly mark, so the owner purchased a piece of fine linen, sewed it to the tablecloth, outlined a dolly thereon, and worked it through both fabrics. The result is a handsome ornament, not a patch or a good-looking darned place.

This seems practical, let the rent or hole be any place on the tablecloth that rests on the table. It suggested the advisability of working a tiny white butterfly on a badly torn lingerie waist. It proved an ornamental feature, just as did the dolly, so it opens up a new mode of darning or mending valuable linens, etc.

## MILLINERY OPENINGS SHOW UNIQUE FEATURES

Curious and beautiful are the new hat trimmings.

At the millinery openings, exclamations of surprise, of joy, of admiration are heard on every side; women are delighted with the quaint touch that is seen on many of the Paris models.

Egyptian designs worked out in the rich East Indian colors are a favorite mode and will be much worn. Browns in every shade, with a decided leaning toward the golden tones, describe the keynote on a goodly number of the latest importations. Purples in every tone from the rich and royal to the palest shade of lavender, and their way into the fall styles. Scarlet and the deep rich red tones are to be popular, while black and white, the favorite combination of many women, will be as much in evidence as ever.

Feathers play an important part in the new hat trimmings. Curiously enough, there is a decided absence of the willow plume in the newer models. Can it be that these graceful and beautiful feathers are passing, that fashion makers will discard them altogether?

To be sure, the broad sweeping picture models are often adorned with long willow plumes, but on the smaller hats—and these are still in fashion this winter—the hackle feathers have taken their place. Garlands of bright colored flowers are adorned velvet and felt hats. These are made of ribbon, silk, velvet, gold and silver cloth, and crumpled with fine saphyr in all the hard bright tones that are found in the old-fashioned crevet work of our grandmothers were so fond of.

They blossom as they are, with wired edges and stems of wire covered with wrappings of saphyr. Fur is another note in the trimming of winter hats. Flows of fur, ends of fur, fur tails, and little furry heads of animals all go to beautify millinery's headgear.

Theater bonnets are trimmed with metal flowers and high-standing aigrettes of fine metal wire, gold and silver. Ostrich feathers and all sorts of upstanding wings and fancy feathers will be seen on the correct models during the coming season.

### A Tasty Sandwich.

It was the memory of a childhood appetite which inspired a woman to serve brown bread sandwiches spread with horseradish and sugar with her afternoon tea. The snappy pungency of the horseradish was very delightful. The horseradish had, of course, been mixed with vinegar, the slightest possible amount used, and it was sprinkled lightly with powdered sugar. The brown bread was made of whole wheat, enriched with flour, and was cut as thin as possible.

Some women are very versatile; but he who demands a cook, a pianist, a valet, a sweetheart, and a savings bank, must choose between bachelorhood and matrimony.

## NEGLIGEE MAY BE ELABORATE OR NOT

Simple Garments Can Be Made Very Attractive.

There is an enormous difference even in the way an elderdown bath robe is made and worn. It can be, though it seldom does; its collar may be unbecomingly or becoming; a simple little guimpe of net or lace slipped inside the low rolling collar of strong color may change the whole air of the garment.

A negligee to be thoroughly practical should be washable, though cleanliness is now so quickly and cheaply done that anything at all dainty is usually sent to the cleaner, and for the cheap fine French flannelette, challis and albatross cloth are the materials usually chosen.

For the very warm robe, wadded silk or zennara cloth is the thing, and both are offered in models more or less expensive and more or less elaborate. Japanese hand embroideries lavishly adorn some of these wadded robes. The ordinary ready-made robe of wadded silk is a comfortable but unbecoming thing, with its bulky turnover collar, and the hand-made zennara robe, with its wide, bordered collar or collar of lace or lingerie are usually very expensive.

Among silks for negligees there are many weaves and many grades. Quaint kimono silks of Japanese designs come in varying degrees of beauty and quality, but the silks preferred by the French designers are the one-tone crepes of dull or cream or ecru or white.

Then, too, some attractive models are made up in the India silks, but these silks are more popular for summer negligees than for the winter garments and are usually made with much tucking and lace, while the chic winter negligee robe is of a knowing simplicity. Where India silk is used it is, as a rule, over some costly undergarment which shows softly through its semi-transparency, and even for these effects a very sheer crinkly crepe or something approaching a satin mouseline is better liked.

### Bordered Challis Popular.

The challis are extremely pretty this season, and some of them are very cleverly used by the designers of negligees. Bordered effects being particularly successful. The material wears well, tube well, and has pleasant warmth without bungleous thickness; but, for some reason or other, the challis negligee never seems to have the cachet of the plain one-tone robes, and the French makers, appreciating that fact, do but little with the material.

The neck and petticoat negligee has gained much favor, and many of the most elaborate things worn are on this order. Crepe is usually the material, though other silks are used, and even albatross is made in this way. Lace is usually the trimming and is applied in coquettish frills and jabots and flounces nestling among its folds.

Even chiffon is not considered too fragile and perishable for elaborate models of this class, and some exquisite flowered brocades are pressed into service. Deep creases of exquisitely embroidered flannel or batiste, often yellowed to look like old needlework, appear upon some of the French sacks, and flounces of all kinds are popular, though a flounce is far from practical in connection with any garment actually intended for lounging, since it is so easily mussed and gets straggly.

## TIME-SAVING HINT

### WORTH REMEMBERING

There are little time savers of the toilet which are worth learning. In threading ribbon or tape through lingerie a wooden match makes an excellent substitute for a bodkin.

It is, however, possible to do without threading the ribbon at all, and, when about to send the garment to the laundry, a piece of narrow tape should be tied to the end of the ribbon and the latter drawn out of the thread holes, leaving the tape in its place.

The knot is then unstuffed, and the set of lingerie can be sent to the wash, the ribbon being replaced on its return in exactly the same way.

In the case of those whose lingerie is entirely ornamented with rows of ribbon-run beading, this plan may save many quarters of an hour during the week.

## NOTES OF SUFFRAGE MOVEMENT IN AMERICA

The Countess of Warwick is planning a lecture tour in the United States and Canada, for which she has prepared three subjects. One deals with woman suffrage and the other two are on communism and celebrities she has met.

Jane Addams, of Hull House, first vice president of the National Woman Suffrage Association, was hostess at a suffrage luncheon given at the Chicago Woman's Club a few days ago. After an informal discussion, plans were made for centralizing the work through the various leagues, a personal canvass of the Lake Shore Drive district, the formation of suffrage clubs in the residential districts all over the city and an especial focusing of propaganda strength toward Wisconsin and Kansas.

Mary G. Bellamy, a member of the legislature of Wyoming, is reported to be the leader of a movement to have the woman on the bench of the Supreme Court of the United States, caused by the death of Justice Harlan, killed by a woman. Mrs. Bellamy declares that woman, constituting one-half of the population and casting ballots in six States, like a right to be represented. This movement is said to have the support of the six States where women vote.

Murman W. Shuster, formerly treasurer general of Persia, in an interview regarding the struggle between Persia and Russia, declares that "the Persian women were ready to shed the last drop of their blood to free their country from ignominious subjection to Russia."

Mrs. Sarah Platt Decker, of Denver, ex-president of the General Federation of Women's Clubs, is a possibility as United States Senator. In a recent interview said that a woman's party is under consideration in Colorado, as they have found both of the old political parties permeated with corruption.

Mrs. Ella Fitzgerald, superintendent of schools in Chicago, is preparing a course in "vase physiology" for young boys and girls. In fifty-six of the Chicago school the girls are being taught the care of babies and young children.

Mrs. Young is a staunch believer in votes for women and a generous subscriber to the equal suffrage fund in Illinois.

With 16 delegates present, every one a voter under the equal suffrage act of the State of Washington, the first woman's good roads convention ever called began a three-day meeting in Tacoma, Wash., January 25.

Fifty trained suffragette orators will be graduated on May 1 from the woman suffrage party's classes in public speaking in New York City. Miss Mary Phelps A. M., of Cornell, trainer of orators there, has charge of the classes.

Plans for an active campaign to extend woman suffrage have been formulated by the Colorado Equal Suffrage Association, one of the most important phases of which is a lecture bureau, which will send speakers and organizers to Oregon, Nevada, Kansas, Wisconsin, Ohio, and New Hampshire, where suffrage campaigns are now pending.

Senator Works in his address to the Senate Club hit the nail squarely on the head when he said: "No one who has the right to do it has the ballot."

## PRESSED CHICKEN AS A SALAD SUBSTITUTE

To prepare pressed chicken, single, clean, and disjoint a good sized fowl. Wash thoroughly, cover with cold water, and simmer gently until the flesh is ready to drop from the bones. When half done, season highly with salt, pepper, celery salt, and one small onion stuck with two or three cloves.

When the chicken is perfectly tender, remove all the skin and bone and sliced the meat in good sized pieces. Boil two or three eggs hard, cool, and cut in thin slices. Remove all fat from the chicken gravy; then add to it a cupful of cream. Moisten the meat with this, then pack in layers in a well-buttered mold, arranging slices of egg over each layer.

Cover with a plate and set a weight on it. Stand in cool place until the next day.

"BE BEAUTIFUL," "The Woman's Duty." Every Woman Can Be Beautiful—Mrs. De La Vie.

KING SOLOMON of old was called the wisest man and credited with one thousand wives, although the latter fact hardly demonstrates his wisdom to modern eyes.

At any rate, he must have had a vast knowledge of the ways of women and the various ways in which they attempted to make themselves beautiful in his sight.

He is on record with the statement that there is no new thing under the sun, and this saying of his beauty fact seems to prove it.

All Oriental women, from Cleopatra down—or up—used oil baths or rubs as an efficient aid to beauty. Olive oil or almond or any sweet-scented emollient in the medium, and every part of the body is gone over with a gentle massage movement. The joints are treated to a little extra attention to make the body more supple.

The good pure cold cream (Melrose prepared) and get the same effect. This cold cream rub is a reasonable fad and cannot fail to produce good results. It fills out hollows and really acts as a figure refiner. Coarse-grained skins grow clearer and better, and excess fat melts away. The girl who takes a cream bath each night for a month will actually win the crown of beauty, which, of course, her general health, which, of course, makes for beauty.

There is a soothing, sedative effect on the mind which smooths out wrinkles and tired lines in the face, and the general relaxation of the body makes every movement a thing of grace and beauty.

Here's to the new fad, the Melrose cold cream bath. It is a relic of the dark ages, if you will, but nothing new, but it is a great factor for increasing your beauty.

## A POEM THAT HAS HELPED

Editor's Note—Every woman is invited to send me a copy of the poem nearest and dearest to her heart—the little verse that has given her fresh courage in some dark hour, renewed her hope, and uplifted her spirit. It does not matter how obscure the verses, so long as the thought contained in them is uplifting. The heart-throb poems sent me for this series will be published as fast as space permits, and will furnish every woman who clips and saves them a collection she could obtain under no other book cover. In copying your favorite poem for the series, please write only on one side of the paper.

### SOME TIME.

(Published by Request.)

What I do thou knowest not now, but thou shalt know later.

Some time, when all life's lessons have been learned, And sun and stars forevermore have set.

The things which our weak judgment here have spurned, The things of which we grieved with.

Will flash before us out of life's dark night, As stars shine more in deeper tints of blue.

And we shall see how all God's plans were right, And how what seemed reproach was love most true.

And we shall see how, while we frown and sigh, God's plans go on as best for you and me.

How, when we called, He heeded not our cry, Because His wisdom to the end could see.

And even as prudent parents disallow, Too much of sweet to craving babyhood, So God, perhaps, is keeping from us now Life's sweetest things, because it seems best good.

And if sometimes commingled with life's wine, We find the wormwood and rebel and shrink,

## The Quest for Beauty

By MADAME DE LA VIE.

FIGURES do not lie, runs the old maxim, but every daughter of Eve knows how untrue that may be when referring to her own particular figure.

Else why all the ruffled silk frills and sacheted satin hearts that decorate the correct department and beckon untiringly to Miladi to purchase? These are the dainty feminine paraphernalia that round out to contours the blouse that suggests, alas! too plainly, the flabby tissues beneath the garments.

These be temporary expedients, however, and the wise woman who lacks curves goes about acquiring them in a scientific way. Deep breathing first and always is the best, then drinking large draughts of pure cold water at least six times a day between the meals is the next step. Then, if the curve-seeker is really in earnest, she adopts the system of the great French doctor, Vaucaire. It is probably seventeen years since the Parisian beauty specialist gave out to the world the secret formula of his successful method of developing the bust of the society grand dames of France.

There is really nothing better known to science as a developer of the mammary glands, and many women in this country testify to its efficacy.

The formula was originally filled in liquid form, but it has the tendency to decompose rapidly, and the tablets are preferred. The effect is equally good and the dose more palatable.

Willard White Co.'s Vaucaire Gallien Tablets, First Developer, First Builder, Tonic, is the preparation so highly recommended by all high authorities on health and beauty culture.

White's Vaucaire Gallien Tablets contain the genuine imported Gallien. They round out shrunken, shallow parts, develop and make the bust firm. If you are undeveloped, THIN, careworn, nervous, or run down, take a box of these tablets and note their wonderful effects. It has three weeks' treatment only at Palais Royal. One box of the tablets equals two bottles of the liquid, and is very superior. CAUTION! Ask for Willard White Co.'s name and note the name on box.

MADAME DE LA VIE, the noted beauty writer and lecturer, highly recommends the MELROSE Preparations and Willard White Company's Vaucaire Gallien Tablets. Sent by mail if desired.

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## New Silk and Wool Poplin At \$2 Yard

Beautiful, indeed, is this Silk and Wool Poplin. Has the luster of silk, with the durability of wool. Colorings, too, are so rich that the most critical taste can be gratified. These shades—pink, blue, lavender, brown, green and black, with stripes or plain satin borders as background, upon which are strewn flowers that give the appearance of being hand-painted. Also changeable, or two-tone colorings, with wide satin borders and plain black with black-and-white striped border. All are 44 inches wide. It takes about 4 yards for a dress of this poplin, so the cost will not be much, and the result would be very gratifying.

### FORECAST OF HATS FOR THE SPRING

Winter is a thing of the past as far as the millinery trade is concerned, and, despite the cold weather, fingers and brains are at work evolving new combinations of materials and colors. The usual uncertainty and the usual secretiveness mark the millinery situation at present, and as the early date novelties are extremely scarce and all one can do is wait for the arrival of the later goods.

Some stunning flower trimmed hats are being shown, however, the medium and small effects leading so far, but there are also some extremely large hats being shown, with high crown and huge, perfectly round brims, which are trimmed with poppies and roses of exaggerated size.

It is expected, at least so says the Millinery Trade Review, that small flowers will be made into bands, circlets and other made effects, the flowers being applied flat to the hat or band.

Small roses in the new radium shades are very good looking, as are also combinations in which fringed-rose-nots appear in all colors, not perhaps of the rainbow, but of the latest color card. Hydrangeas and lilies-of-the-valley are separated and used in this way, as are cowslips, French daisies, and miniature pansies and violets.

### Linen Frock.

One of the most attractive of the new linen frocks now being shown for wear in the South is of striped linen, made with a double skirt and blouse, a simple design that requires perfect fit and cut to make it as smart as the original model. The skirts are both quite scant, while the blouse has quite a little fullness. The only trimming is a collar of white linen edged with embroidered scallops. This is round and rather shallow in front, but in the back it extends to the belt.

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